



DISHERS AND THEIR ALLERGEN CONTENT - RESTAURANT

The following applies to the below chart and is a guideline only:-



✓ = Contains
? = may contain
No Allergic Ingredients

DISHERS																
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Cooking Oil Used	Can Be Made Gluten Free
Tuna Salad [example]	✓			✓	✓		✓		✓							
Starters																
Battered Halloumi Bites		✓		?			✓		✓				✓	✓		
S/Fried Chicken Goujons	?	✓	?	✓	?		?		?			?	?	?		
Crispy Whitebait		✓			✓											
Calamari Starter (IDC)				✓				✓	✓							
Fish (Including Chips, Tartar Sauce)																
Cod	?	✓		✓	✓		?		✓				?	?		
Haddock	?	✓		✓	✓		?		✓				?	?		
Fish Bites	?	✓		✓	✓		?		✓				?	?		
Plaice	?	✓		✓	✓		?		✓				?	?		
Fish Cakes Individual (Kingfrost)		✓		✓	✓		✓		✓							
Scampi		✓	✓	✓	?			?	✓							
Senior Meals																
Senior Cod	?	✓		✓	✓		?		✓				?	?		
Senior Haddock	?	✓		✓	✓		?		✓				?	?		
Senior Plaice	?	✓		✓	✓		?		✓				?	?		
Senior Sausage Plain		✓											✓	✓		
Senior Sausage Battered	?	✓		?			?		?				✓	✓		
Senior Fish Bites	?	✓		?	✓		?		?				?	?		
Alternative Main																
Sausage Plain		✓											✓	✓		
Sausage Battered	?	✓		?			?		?				✓	✓		
Jumbo Saveloy		✓											✓	✓		
Chicken Nuggets	?	✓	?	?	?		?		?			?	?	?		
Kentish Mayde																
Steak & Ale		✓		✓			?							✓		
Chicken & Mushroom		✓		✓			✓									
Spicy Butterbean		✓														
Burgers																
Beefburger (Plain)		✓		✓			✓		✓				✓			
Cod Burger		✓		✓	✓		✓		✓				✓			
Battered Halloumi Burger		✓		✓			✓		✓				✓	✓		
S/Fried Chicken Burger		✓		✓			✓		✓				✓			
Vegetable Burger (FRIBO)		✓		✓			✓		✓				✓			

Review date: _____

Reviewed by: _____

Caramel Chew Chew				✓				✓		?			✓		
Vanilla				✓				✓							

Review date: _____

Reviewed by: _____

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Please ensure any products bespoke to your site are listed below and you have accurately extracted Allergen Information contained ingredients as required.

In-House Made Products and Daily Specials

Opulent Bun				✓										✓	

Dear Customer, please take note that we do offer some dishes in which we have attempted to prevent the contact with certain allergens such as gluten. Unfortunately, due to the presence of certain products within our kitchens, we cannot guarantee that the product is 100% free from the listed allergens. Please speak to a manager should you have any concern over these products.

Review date: _____

Reviewed by: _____

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