DISHES AND THEIR ALLERGEN CONTENT - NORTHEN

The following applies to the below chartand is a guideline only:-

✓ = Contains | ? = may contain | No Allergic Ingredients

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Can Be Made Gluten Free
FISH - DEEP BLUE BATTER															
HADDOCK INDIVIDUAL	?	✓	?	?	✓		?	?	?		?	?	?	?	
COD INDIVIDUAL	?	✓	?	?	✓		?	?	?		?	?	?	?	
FISH BITES	?	✓	?	?	✓		?	?	?		?	?	?	?	
LITE BITE	?	✓	?	?	✓		?	?	?		?	?	?	?	
SENIOR CITIZEN	?	✓	?	?	✓		?	?	?		?	?	?	?	
PLAICE	?	✓	?	?	✓		?	?	?		?	?	?	?	
SCAMPI	?	✓	✓	?	?		?	?	?		?	?	?	?	
HOMEMADE FISHCAKE	?	✓	?	?	✓		?	?	?		?	?	?	?	
BREADED FISHCAKE	?	✓	?	?	✓		✓	?	✓		?	?	?	?	
SALT & PEPPER SQUID	✓	✓	?	?	?		?	✓	?		?	?	✓	?	
HAKE INDIVIDUAL	?	✓	?	?	✓		?	?	?		?	?	?	?	
MANAGERS SPECIAL (excluding side)	?	✓	?	?	✓		?	?	?		?	?	?	✓	
FISH - GF															
HADDOCK INDIVIDUAL	?				✓		?						?	?	
COD INDIVIDUAL	?				✓		?						?	?	
FISH BITES	?				✓		?						?	?	
LITE BITE MEAL	?				✓		?						?	?	
HOMEMADE FISHCAKE	?				✓		?						?	?	
PIES (JONES)															
STEAK	✓	✓											✓	✓	
CHUNKY CHICKEN		✓					✓						✓		
KIDS' CORNER															
FISH BITES	?	✓	?	?	✓		?	?	?		?	?	?	✓	
SCAMPI	?	✓	✓	?	?		?	?	?		?	?	?	✓	
CHICKEN BITES	?	✓	?	?	?		?	?	?		?	?	✓	✓	
SAUSAGE PLAIN	?	✓	?	?	?		?	?	?		?	?	✓	✓	
SAUSAGE BATTERED	?	✓	?	?	?		?	?	?		?	?	✓	✓	
SAVOURIES															
JUMBO PORK SAUSAGE BTRD	?	✓	?	?	?		?	?	?		?	?	✓	✓	
JUMBO PORK PLAIN	?	✓	?	?	?		?	?	?		?	?	✓	✓	
JUMBO PORK SAUSAGE BTRD GF	?				?		?						✓	✓	
JUMBO PORK PLAIN GF	?				?		?						✓	✓	
SPAM FRITTERS	?	✓	?	?	?		?	?	?		?	?	?	?	
SPAM FRITTERS GF	?				?		?						?	?	
SAGE PATTIE	✓	✓	?	?	?		?	?	?		?	?	?	?	
SAGE PATTIE GF	✓				?		?						?	?	

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CHICKEN															
CHICKEN BURGER MEADOW VALE (no sauce)	?	✓	?	?	?		?	?	?		?	?	✓	✓	
CHICKEN BURGER TYSON (no sauce)	✓	✓	?	?	?		?	?	?		?	?	✓	✓	
CHICKEN BITES	?	✓	?	?	?		?	?	?		?	?	✓	?	
SIDES / EXTRAS															
PICKLED EGGS				✓											
PICKLED ONIONS														✓	
PICKLED GHERKINS									✓					✓	
HOMEMADE TARTARE SAUCE				✓					✓					✓	
CHIP SPICE															
BREAD ROLL PLAIN		✓											✓	✓	
BREAD ROLL WITH BUTTER		✓					✓						✓	✓	
CHIPS	?	?	?	?	?		?	?	?		?	?	?	✓	
CHIP BUTTY	?	✓	?	?	?		?	?	?		?	?	✓	✓	
MUSHY PEAS															
BAKED BEANS															
CURRY SAUCE (Deep Blue)	✓	✓					?		✓				✓	?	
GRAVY (Deep Blue)	?	✓					?		?				?	?	
ONION RINGS HOMEMADE	?	✓	?	?	?		?	?	?		?	?	?	?	
OnION RINGS HOMEMADE GF	?				?		?						?	?	
SQUEEZE ME KETCHUP	✓														
SQUEEZE ME MAYONNAISE				✓					✓						
DB VINEGAR		✓													
VINEGAR NONE BREWED															
Ben & Jerry's															
Cookie Dough		✓		✓			✓						✓		
Chocolate Fudge Brownie		✓		✓			✓								
Caramel Chew Chew				✓			✓			?			✓		
Vanilla				✓			✓								
Strawberry Cheesecake		✓		✓			✓						✓		

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DESSERTS - TP															
APPLE CRUMBLE		✓		?			?			?					
CHOCOLATE SPONGE		✓		✓			✓			?			✓		
JAM SPONGE		✓		✓			?			?					
STICKY TOFFEE		✓		✓			✓			?					
ICE CREAM VANILLA							✓								
CUSTARD							✓								
DESSERTS - BID															
APPLE CRUMBLE		✓					✓			?					
GF CHOCOLATE FONDENT				✓			✓			?			✓		
JAM SPONGE		✓		✓						?					
STICKY TOFFEE		✓		✓			✓			?					
MINI MILK							✓						?		
ICE CREAM VANILLA							✓								
ICE CREAM CHOCOLATE							✓						✓		
ICE CREAM STRAWBERRY							✓								
CUSTARD							✓								
YF VANILLA ICE CREAM				?			✓			?	?		?		
SIDES / EXTRAS															
KERRYMAID							✓								
TOMATO SAUCE 4.54KG (JUST)															
ANDREW JONES MINCED BEEF & ONION		✓											✓	✓	
CHICKEN BITES (TYSON)	?	✓	?	?	?		?	?	?		?	?	?	?	
CHICKEN BITES (MEADOWVALE)	?	✓	?	?	?		?	?	?		?	?	✓	?	
SAINTS & SINNERS CHOCOLATE BROWNIE		✓		✓			✓								
PINEAPPLE FRITTER	?	✓	?	?	?		?	?	?		?	?	?	?	
MOZZARELLA STICKS	?	✓	?	?	?		✓	?	?		?	?	?	?	

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